

	160m	80m	60m	40m	30m	20m	17m	15m	12m	10m	6m	4m	2m	70cm	23cm
FM Call										29.6	51.51	70.45	145.5	433.5	1297.5 (SM20)
Digital Centre Activity		3.63		7.07		14.13	18.15	21.18	24.96	28.33	50.63		144.6125	438.6125	1297.725
CW Centre Activity											50.09	70.2	144.05	432.05	
CW QRP Centre	1.836	3.56	5.262	7.03	10.116	14.06	18.086	21.06	24.906	28.06					
QRS Slow Telegraphy		3.555				14.055		21.055		28.055					
SSB Centre Activity											50.15	70.2	144.3	432.2	1296.2
SSB QRP Centre		3.69		7.09		14.285	18.13	21.285	24.95	28.36					
Image Centre Activity		3.735		7.165		14.23		21.34		28.68			144.5	432.5	1296.5
AM/FM Call												70.26	144.55		
Emergency Centre Activity		3.663	5.2785	7.11		14.3	18.16	21.36					145.225		
WAB SSB suggested	1.933-1.95	3.76		7.16		14.265		21.32		28.655	50.15		144.345		
WAB CW suggested	1.85	3.57		7.035		14.035		21.035		28.035					